

HERBALIFE-SPONSORED ATHLETE

**“It’s all about powering up my game!
Having appreciated Herbalife® nutrition products
for a long time, they are of great use in preparing for
significant competitions.”***

These results are not typical. Individual results will vary.

Sergey Konyushok

**Strongman Competition
(Weight Lifting Extreme), Ukraine**

BIO:

Having trained as a power lifter since age 14, Ukraine’s Sergey Konyushok was a former member of the national power lifting team and a winner of several national tournaments. Since 2003, Sergey has taken part in numerous *Strongman* program world championships on his path to becoming a famous, media-recognized athlete in his home country. He even took part in four popular TV projects *Patriots’ Games* and worked as a host in *Fitness with Konyushok*. At present, Sergey is a graduate student at the University of Physical Studies and Sports (Kiev), is writing a dissertation and is devoted to nutrition supplements.

ACHIEVEMENTS:

- 2000 Ukrainian Power Lifting Championship – 3rd place
- 2001 Became a new member of the Nation power lifting team
- 2005-2007 World Championships – Winner of the Strongman program
- 2007 Set the world record in log lift discipline
- 2009 Set four world records in four Strongman disciplines

FAVORITE PRODUCTS†:

Formula 2 Multivitamin Complex, Xtra-Cal® and Schizandra Plus.

† Some Herbalife® products are only available in some countries. Consult your local product brochure.

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